

WHAT'S ON IN AND AROUND GOSFORTH NOVEMBER 2019




ST MARY'S CHURCH GOSFORTH
CHRISTMAS FAIR





Saturday 30th November at 2 p.m.
Gosforth Public Hall
Various stalls, Refreshments, Raffle, Tombola.
Please support this local Church




- 1st Friday **Muncaster Microbus trip** to Egremont Farmers Market. To book phone 01229 717229
Falls Prevention Class at Bradbury House from 10.30 a.m. to 11.45 a.m. Gentle Exercise and help to prevent falls. More details from Jan Fotheringham on 01946 828100
Tango Session in Gosforth Public Hall. Contact Vivienne Tregidga for information
- 2nd Saturday **Seascale Library Link Grand Opening Event**. Open 10 a.m. to 1 p.m. Come along and see your Library and speak to your Parish Councillors about what changes are planned to the Library, and what you would like to see in Seascale. Raffle, Refreshments.
Santon Bridge Village Hall - Rummage Sale at 1.30 pm. Delicious refreshments: Tea, Home-made Cakes, Scones. Items for sale: please bring to the Hall on the evening of the day before. NB - no furniture or electrical equipment please
- 3rd Sunday St Michael's, Nether Wasdale, **Holy Communion** at 9 a.m.
Morning Praise at St Mary's at 10 am
Sunday Service with Holy Communion in the Methodist Church at 6.30 p.m. with Rev David Hasson
- 4th Monday **Gosforth Art Society** meet in the School Hall from 6.30 p.m. to 8.30 p.m.
Pilates - for beginners/ intermediates - in Gosforth Public Hall at 6.30 p.m.
Intermediate + Pilates - in Gosforth Public Hall at 7.35 p.m. £5 per class or £25 for a 6-week block. Contact Amy for info but just come along to any class wearing something comfortable. Mats can be provided. amyfisher@hotmail.com or 07510 104508.
- 5th Tuesday **WI** meet at 2 p.m. in the Public Hall for 2.15 pm start - **AGM**, Competition - Interesting Item beginning with "R"
Bonfire Night at Seascale Golf Club - Our spectacular firework display will take place on Tuesday 5th November from 6.00pm. There will be the usual burgers, hot dogs etc to purchase down by the fire. Last year was a tremendous occasion, hope to see you all again
- 6th Wednesday **Muncaster Microbus trip** to Workington. To book (£8.50) phone 01229 717229
Armchair Pilates at 10.30 a.m. in Gosforth Methodist Church Schoolroom
Age UK Community Get-Together in The Golf Club, Seascale from 10.30 a.m. to 12 noon
French Conversation Classes in The Kellbank, 10 a.m. to 12 noon. Cost £3 including coffee.
INDOOR BOWLS meets every Wednesday afternoon in the Public Hall at 2 p.m.
Gosforth Library Link - **Lego Club** from 4 p.m. to 5 p.m.
Karate Classes at Gosforth Public Hall at 4:45pm for Level 01 and 5.45 for Levels 02/03
Seascale Parish Council Meeting will be held on Wednesday 6th November 2019 in the Methodist School Room Seascale
- 7th Thursday **Lunch and Games Group** meet the first Thursday each month in Gosforth Hall Inn from 12 noon to 3 p.m. Come and enjoy a tasty Soup and Homemade Bread or Sausage Roll lunch, followed by a social session playing Cards, Dominoes, Board Games, whatever is your favourite. From £5; organised with West Cumbria Age UK. More details from Jan Fotheringham on 01946 828100
U3A "Singing for Fun" group meet in the Methodist Church Hall in Seascale, on the first Thursday of each month at 2.15 p.m. All are welcome
'Vinyasa flow' Yoga class at 6 p.m. in Santon Bridge Village Hall. see 14 Nov for details

- 8th Friday **Muncaster Microbus Afternoon Tea Trip** to “Woodlands”, Santon. To book (£5) phone 01229 717229. (You pay for your own afternoon tea).
Age UK **Computer Drop in Class** at Seascale Library 10 – 12.00pm. Please bring your own devices, as the County Library has removed the PC’s that were previously available for public use.
Tango Session in Gosforth Public Hall. Contact Vivienne Tregidga for information
- 9th Saturday **Muncaster Microbus trip** to Carlisle. To book (£10.00) phone 01229 717229
Parish Council Coffee Morning -10am to 12 noon Gosforth Library Link. To raise funds for VE Day celebrations and phone box repairs. Meet parish councillors as well as Paul Turner (County Council), Andy Pratt (Borough Council) and Trudy Harrison (MP)
Workshop - make a Willow Angel from 10am to 1pm in the School Hall, Gosforth -. Tuition from Helen Elvin, willow & refreshments included in Price: £35.00 per person, booking and payment in advance required. To book contact Rachel Jones on 07507 622272 or email racheljones57@yahoo.co.uk
- 10th Sunday St Mary's, Gosforth - **United Parish Communion Service with Act of Remembrance** at 10.00 am
Bradbury House, Gosforth - **Communion** - 11.30 am
St Olaf's, Wasdale Head - **Act of Remembrance** - 11.00 am
- 11th Monday **Gosforth Art Society** meet in the School Hall from 6.30 p.m. to 8.30 p.m.
Pilates - for beginners/ intermediates - in Gosforth Public Hall at 6.30 p.m.
Intermediate + Pilates - in Gosforth Public Hall at 7.35 p.m. £5 per class or £25 for a 6-week block. Contact Amy for info but just come along to any class wearing something comfortable. Mats can be provided. amyfisher@hotmail.com or 07510 104508.
- 13th Wednesday **Age UK Community Get-Together** in The Kellbank from 10.30 a.m. to 12 noon
French Conversation Classes in The Kellbank, 10 a.m. to 12 noon. Cost £3 including coffee.
INDOOR BOWLS meets every Wednesday afternoon in the Public Hall at 2 p.m.
Karate Classes at Gosforth Public Hall at 4:45pm for Level 01 and 5.45 for Levels 02/03
Gosforth Parish Council Meeting at 7.30 p.m. in the Library. All welcome
- 14th Thursday **West Lakes U3A Art Appreciation Group** meet in St Joseph’s Hall, Seascale at 10.15 a.m. for refreshments followed by a talk/ DVD at 10.45 a.m. ‘The Sculpture Diaries - Waldemar Januczak’. All members of West Lakes U3A and visitors are welcome.
'Vinyasa flow' Yoga class at 6 p.m. in Santon Bridge Village Hall - 90 minute classes £7 - suitable for all abilities. Booking is essential - pls. call Bernadett on [07859 997452](tel:07859997452) or email mandalayoga@mail.com
Public Hall AGM at 7.30 p.m. in Gosforth Library. All welcome! If you are interested in actively helping to maintain and develop this essential village asset, please contact Keith Rhodes on 019467 28369 or email keithrhds@gmail.com
- 15th Friday **Muncaster Microbus trip** to Egremont Farmers Market. To book phone 01229 717229
Falls Prevention Class at Bradbury House from 10.30 a.m. to 11.45 a.m. Gentle Exercise and help to prevent falls organised by Age UK. More details from Jan Fotheringham
- 17th Sunday **Tango Session** in Gosforth Public Hall. Contact Vivienne Tregidga for information
Parish Communion at St Mary's at 10 am
All Stars Ecumenical children’s club, for upto 11 years, in the Methodist Room, 10 to 11.30
Evening Prayer at St Michael’s, Nether Wasdale at 6.30 pm
Sunday Service in the Methodist Church at 6.30 p.m. with Keith Hudson
- 18th Monday **LDNPA Planning Surgery** in Gosforth Library, 1 p.m. to 2 p.m. NOTE NEW TIME
Gosforth Art Society meet in the School Hall from 6.30 p.m. to 8.30 p.m.
Pilates - for beginners/ intermediates - in Gosforth Public Hall at 6.30 p.m.
Intermediate + Pilates - in Gosforth Public Hall at 7.35 p.m. £5 per class or £25 for a 6-week block. Contact Amy for info but just come along to any class wearing something comfortable. Mats can be provided. amyfisher@hotmail.com or 07510 104508.

- 20th Wednesday **French Conversation** Classes in The Kellbank, 10 a.m. to 12 noon. Cost £3 including coffee.
Age UK Community Get-Together in The Golf Club, Seascale from 10.30 a.m. to 12 noon
Armchair Pilates at 10.30 a.m. in Gosforth Methodist Church Schoolroom
Gosforth Library Link 2 pm to 4.30 - **Christmas decoration**, a mixture of material folding and hand sewing to produce a colourful, easy to make decoration or wall hanging, session led by Sarah Millard; sign-up at library or contact Sarah. There will be a small charge and refreshments will be served.
INDOOR BOWLS meets every Wednesday afternoon in the Public Hall at 2 p.m.
Karate Classes at Gosforth Public Hall at 4:45pm for Level 01 and 5.45 for Levels 02/03
- 21st Thursday **West Lakes U3A AGM** in Gosforth Public Hall. Refreshments from 10 a.m., AGM starts at 10.15 prompt.
West Lakes U3A Meeting in Gosforth Public Hall 10.45am for 11am start. "World Heritage Status and our Cultural Heritage" - Speaker Jamie Lund, National Trust Archaeologist..
'Vinyasa flow' Yoga class at 6 p.m. in Santon Bridge Village Hall. see 7th Nov for details
- 22nd Friday **Muncaster Microbus Afternoon Tea Trip** to "The Beach Cafe", St Bees. To book (£5) phone 01229 717229. (You pay for your own afternoon tea).
Tango Session in Gosforth Public Hall. Contact Vivienne Tregidga for information
- 23rd Saturday **Muncaster Microbus trip** to Ambleside and Windermere. To book (£9.50) phone 01229 717229
Hospice at Home West Cumbria Coffee Morning in Gosforth Library Link, from 10 a.m. to 12 noon. Cake Sale, Raffle.
Spend a relaxing evening from 4.30 p.m. to 7 p.m. in the **Santon Bridge Woodland Workshop** and stitch a beautiful little Robin in beadwork - a rewarding craft where you see results fast as the little coloured beads transform your canvas before your eyes. We will work with the 'Stanley the Robin' Kit from Ann's Orchard Needlework to make the perfect Christmas Card for someone special this Christmas... or to keep for yourself! Included in your £30: *Your very own 'Stanley the Robin' kit containing everything you need for the project *Tea, coffee and homemade cakes from the talented Woodland Tearooms team *Use of a magnifier and all other tools for the duration of the session. Everyone Welcome. Perfect for beginners or those returning to stitching after a break, but please book early!
- 24th Sunday **Parish Communion** at St Mary's at 10 am
All Stars Ecumenical children's club, for upto 11 years, in the Methodist Room, 10 to 11.30
Sunday Service in the Methodist Church at 6.30 p.m. with the Worship Leaders
- 25th Monday **Gosforth Art Society** meet in the School Hall from 6.30 p.m. to 8.30 p.m.
Pilates - for beginners/ intermediates - in Gosforth Public Hall at 6.30 p.m.
Intermediate + Pilates - in Gosforth Public Hall at 7.35 p.m. £5 per class or £25 for a 6-week block. Contact Amy for info but just come along to any class wearing something
- 27th Wednesday **U3A Discovery Group** in St Mary's Room at 10.15 a.m. for coffee for a 10.45 a.m. start, "The Science of Lego" Speaker - Jeff Ferguson.
Age UK Community Get-Together in The Kellbank from 10.30 a.m. to 12 noon
French Conversation Classes in The Kellbank, 10 a.m. to 12 noon. Cost £3 including coffee.
INDOOR BOWLS meets every Wednesday afternoon in the Public Hall at 2 p.m.
Karate Classes at Gosforth Public Hall at 4:45pm for Level 01 and 5.45 for Levels 02/03
'Vinyasa flow' Yoga class at 6 p.m. in Santon Bridge Village Hall. see 7th Nov for details
- 28th Thursday **Gosforth Library Link Coffee Morning** 10 a.m. to 12 noon.
- 30th Saturday **Santon Bridge Woodland Workshop** from 1 p.m. to 4 p.m. teaching the art of nuno felt. This is a technique where you use fabric such as silk or open weave cotton and wool to create a lightweight fabric suitable for scarves and clothing. This is a chance to indulge your love of colour, wool and felt all on the same occasion. No experience needed. All materials supplied. Free tea, coffee and biscuits. £55 per person.
St Mary's Church Christmas Fair in the Public Hall, 2 p.m. Raffles, Tombola, Refreshments, Cakes, Produce, Gifts, Books, Toys, Games, and more!

COMING SOON

- HOLMROOK READING ROOM Christmas Mince Pie, Buffet and Wine - Friday 6th December at 7.15 pm,
- Saturday 7 December 2019 10am - noon in the School Hall, Gosforth Create your own beautiful **Christmas Wreath** Price: £25.00 per person, booking & payment in advance required
- Saturday 21 December **La'al Big Band Christmas Concert** in Gosforth Public Hall at 7.30 p.m.

NOTICES

- Thanks to all who have contributed to the **Operation Christmas Child** shoebox appeal since we started collecting in 1998. Unfortunately last years volunteers who ran the warehouse collection and sorting for West Cumbria have decided they can't continue because they can't fulfil the new requirements. I don't feel able to search for and go to a new collection point, so I have decided to cease as the coordinator for this area and will not be accepting boxes or gifts for them. My thanks for all you have done over the past years. Ruth Schofield
- **Gosforth Library Link - the library is run by a team of enthusiastic volunteers.** Opening times are Monday 1 p.m. to 3.30; Wednesday 3 p.m. to 5.30; Saturday 10 a.m. to 12 noon.
- **Seascale Library Link - this library too is now run by a team of enthusiastic volunteers.** Revised opening times are Monday, Wednesday and Friday - 10 a.m. to 12.30, and 2.30 p.m. to 5 p.m.
- **A special thankyou to those of you who take bin bags with you on your walks, and collect the rubbish that - mainly - motorists - deposit on the grass verges of our cycleway and roads. You too could do this, whilst you are out for a walk!**
- **Scouts** meet between 7 and 9pm at the Scout hut on a Tuesday - Ages 10 to 14. Contact Dave Marsden 24632.
- **Brownies** meet in the Scout Hut every Monday from 6.00 p.m. to 7 .30 p.m. For girls aged 7 to 10. Contact Samantha Milliner 25910.
- **Gosforth Beavers** (6 to 8 years) meet Wednesdays 5 till 6pm and **Cubs** (8 to 10 years) meet 6.15 till 7.30pm, in the Scout hut. Contact Jackie Harper 27211 for more details.
- **Gosforth Guides** meet at St Joseph's Seascale every Tuesday from 6:15-7:30pm.
- **Seascale Beavers, Cubs and Scouts** meet every Thursday during term time. Spaces in the Cub section only.
- **MokyFit & MokyCORE with Shameem** - Mondays 10am Seascale Sports Hall - MokyHIIT; Mondays 10.45 Seascale Sports Hall - Moky Zest; Fridays 10am Seascale Sports Hall - MokyHIIT - Mums with babies and children in tow very welcome; 11.15 a.m. Moky Zest in Seascale Sports Hall. For more details see "MokyFit with Shameem" on facebook.
- **Slimming World** group meets at Bailey Ground Hotel, Seascale on Tuesdays 5pm & 7pm

What's On is published by Mel Gould; phone me on 019467 27486, or e-mail me, melbgould2@gmail.com, if you want to be added to the email circulation list, or if you want details of your event included in printed and electronic versions, and on Gosforth's Facebook pages. Printed copies, funded by the Parish Council, are available in Gosforth Library Link.