

WHAT'S ON IN AND AROUND GOSFORTH JANUARY 2020

GADS present **Snow White and the Seven Dwarves,** by Alan Frayn, from Wednesday 22nd January to Saturday 25th January in Gosforth Public Hall.

Tickets go on sale to the general public on Friday 3rd January. Please book early, tickets sold very quickly last year! Prices are £7.50 adults and £5 u18/students. Performance dates are Wednesday 22nd to Saturday 25th January. This year there is also an extra Matinee performance on Saturday. To book, visit www.gads.org.uk, where you can see the seating plans, choose your seat, and book online; or phone 019467 28392. **Advance Booking is recommended!**

- 2nd Thursday **Lunch and Games Group** meet the first Thursday each month in Gosforth Hall Inn from 12 noon to 3 p.m. Come and enjoy a tasty Soup and Homemade Bread or Sausage Roll lunch, followed by a social session playing Cards, Dominoes, Board Games, whatever is your favourite. From £5; organised with West Cumbria Age UK. More details from Jan Fotheringham on 01946 828100
'Vinyasa flow' Yoga class at 6 p.m. in Santon Bridge Village Hall - 90 minute classes £7 - suitable for all abilities. Booking is essential - pls. call Bernadett on [07859 997452](tel:07859997452) or email mandalayoga@mail.com
- 5th Sunday St Michael's, Nether Wasdale, **Holy Communion** at 9 a.m.
Morning Praise at St Mary's at 10 am
Holy Communion Service at Seascale Methodist Church at 10 a.m.
Evening Service in Gosforth Methodist Church at 6.30 p.m. led by Worship Leaders
United Evening Service at Seascale Methodist Church at 6.30 p.m.
- 6th Monday **Seascale Library Link Coffee Morning**, 10 a.m. to 12.30. Refreshments, Cakes, Raffle.
Pilates - for beginners/ intermediates - in Gosforth Public Hall at 6.30 p.m.
Intermediate + Pilates - in Gosforth Public Hall at 7.35 p.m. £5 per class or £25 for a 6-week block. Contact Amy for info but just come along to any class wearing something comfortable. Mats can be provided. amyfisher@hotmail.com or 07510 104508.
- 7th Tuesday **WI** meet at 2 p.m. in the Public Hall for 2.15 pm start - **Nibbles and Natter**, Competition - A Favourite Christmas Card
- 8th Wednesday **French Conversation** Classes in The Kellbank, 10 a.m. to 12 noon. Cost £3 including coffee.
Armchair Pilates at 10.30 a.m. in Gosforth Methodist Church Schoolroom
Age UK Community Get-Together in The Kellbank from 10.30 a.m. to 12 noon
INDOOR BOWLS meets every Wednesday afternoon in Gosforth Public Hall at 2 p.m.
Gosforth Library Link - **Lego Club** from 4 p.m. to 5 p.m.
Karate Classes at Gosforth Public Hall at 4:45pm for Level 01 and 5.45 for Levels 02/03
Seascale Parish Council Meeting will be held on Wednesday 8th January at 7 p.m. in the Methodist School Room Seascale
- 9th Thursday **West Lakes U3A Art Appreciation Group** meet in St Joseph's Hall, Seascale at 10.15 a.m. for refreshments followed by a talk at 10.45 a.m. 'DVD - Palin on Art'. All members of West Lakes U3A and visitors are welcome.
'Vinyasa flow' Yoga class at 6 p.m. in Santon Bridge Village Hall. see 2 Jan for details
Public Hall Management Committee Meeting at 7.30 p.m. in Gosforth Library. All welcome! If you are interested in actively helping to maintain and develop this essential village asset, please contact Keith Rhodes on 019467 28369 or email keithrhds@gmail.com
- 10th Friday **Age UK Computer Drop in Class** at Seascale Library 10 – 12.00pm. Please bring your own devices, as the County Library has removed the PC's that were previously available for public use.
Falls Prevention Class at Bradbury House from 10.30 a.m. to 11.45 a.m. Gentle Exercise and help to prevent falls organised by Age UK. More details from Jan Fotheringham

- 11th Saturday **Muncaster Microbus trip** to Carlisle. To book (£10.00) phone 01229 717229
- 12th Sunday Village Praise and **United Covenant Service** at 10am in Gosforth Methodist Church led by Rev Jonathan Falkner.
Covenant Service at Seascale Methodist Church at 10 a.m.
Bradbury House, Gosforth - **Holy Communion** - 11.30 am
Blengdale Runners Winter Handicap Run, open to all; from The Ferns, The Banks, Seascale - two laps of a 2.14 mile circuit, no entry fee but everyone to bring a prize and to set their own handicaps. Closest to your predicted time wins and picks the first prize, second closest chooses second prize etc. Starts at 2 p.m., hot drinks and mince pies afterwards. Minimum age 15. This is a Club Run, but all local runners and friends are very welcome to join in.
United Evening Service at Seascale Methodist Church at 6.30 p.m.
- 13th Monday **Gosforth Art Society** meet in Gosforth School Hall from 6.30 p.m. to 8.30 p.m.
Pilates - for beginners/ intermediates - in Gosforth Public Hall at 6.30 p.m.
Intermediate + Pilates - in Gosforth Public Hall at 7.35 p.m. £5 per class or £25 for a 6-week block. Contact Amy for info but just come along to any class wearing something comfortable. Mats can be provided. amyflsher@hotmail.com or 07510 104508.
- 15th Wednesday **French Conversation** Classes in The Kellbank, 10 a.m. to 12 noon. Cost £3 including coffee.
Age UK Community Get-Together in The Golf Club, Seascale from 10.30 a.m. to 12 noon
INDOOR BOWLS meets every Wednesday afternoon in Gosforth Public Hall at 2 p.m.
Karate Classes at Gosforth Public Hall at 4:45pm for Level 01 and 5.45 for Levels 02/03
Gosforth Parish Council Meeting at 7.30 p.m. in the Library. All welcome
- 16th Thursday **West Lakes U3A Meeting** in Gosforth Public Hall 10.45am for 11am start. "Staying Safe at Home with life's hazards: most accidents occur at home!" - a Talk by fireman Alex Arthur
Gosforth Art Society meet in the Seascale Methodist Room from 10 a.m. to 12 noon
'Vinyasa flow' Yoga class at 6 p.m. in Santon Bridge Village Hall. see 2 Jan for details
- 17th Friday **Muncaster Microbus trip** to Egremont Farmers Market. To book phone 01229 717229
Falls Prevention Class at Bradbury House from 10.30 a.m. to 11.45 a.m. Gentle Exercise and help to prevent falls organised by Age UK. More details from Jan Fotheringham
- 18th Saturday **Friends of Gosforth School Workshop** 10 a.m. to 12 noon - help and tips for using your smartphone or tablet, Whatsapp or Instagram. Please book places (£5 including refreshments) via the school, or email admin@gosforth.cumbria.sch.uk
- 19th Sunday **Parish Communion** at St Mary's, Gosforth at 10 a.m.
Holy Communion Service at Seascale Methodist Church at 10 a.m.
All Stars Ecumenical children's club, for upto 11 years, in the Methodist Room, 10 to 11.30
Evening Service in Gosforth Methodist Church at 6.30 p.m. led by Mrs Jackie Davies
United Evening Service at Seascale Methodist Church at 6.30 p.m.
- 20th Monday **LDNPA Planning Surgery** in Gosforth Library, 1 p.m. to 2 p.m. NOTE NEW TIME
Gosforth Art Society meet in Gosforth School Hall from 6.30 p.m. to 8.30 p.m.
Pilates - for beginners/ intermediates - in Gosforth Public Hall at 6.30 p.m.
Intermediate + Pilates - in Gosforth Public Hall at 7.35 p.m. £5 per class or £25 for a 6-week block. Contact Amy for info but just come along to any class wearing something comfortable. Mats can be provided. amyflsher@hotmail.com or 07510 104508.
- 22nd Wednesday **French Conversation** Classes in The Kellbank, 10 a.m. to 12 noon. Cost £3 including coffee.
Armchair Pilates at 10.30 a.m. in Gosforth Methodist Church Schoolroom.
U3A Discovery Group in St Mary's Room at 10.15 a.m. for coffee for a 10.45 a.m. start, "The Science of Balls" Speaker - Les Reed.
GADS present "Snow White and the Seven Dwarves" at 7 p.m. Tickets £7.50 Adults and £5 children. To book, visit www.gads.org.uk, or phone 019467 28392. Some tickets may be available at the door - if there are any left! Doors open 6.30 p.m.
- 23rd Thursday **Gosforth Art Society** meet in the Seascale Methodist Room from 10 a.m. to 12 noon
'Vinyasa flow' Yoga class at 6 p.m. in Santon Bridge Village Hall. see 2 Jan for details
GADS present "Snow White and the Seven Dwarves" at 7 p.m. Tickets £7.50 Adults and £5 children. To book, visit www.gads.org.uk, or phone 019467 28392. Some tickets may be available at the door - if there are any left! Doors open 6.30 p.m.

- 24th Friday **GADS present "Snow White and the Seven Dwarves"** at 7 p.m. Tickets £7.50 Adults and £5 children. To book, visit www.gads.org.uk, or phone 019467 28392. Some tickets may be available at the door - if there are any left! Doors open 6.30 p.m.
- 25th Saturday **Gosforth Library Link Coffee Morning**, from 10 a.m. to 12 noon.
Muncaster Microbus trip to Workington. To book (£8.50) phone 01229 717229
GADS present "Snow White and the Seven Dwarves" at 1 p.m. and again at 6 p.m. Tickets £7.50 Adults and £5 children. To book, visit www.gads.org.uk, or phone 019467 28392. Some tickets may be available at the door - if there are any left! Doors open 30 minutes before each performance.
- 26th Sunday St Mary's, Gosforth - **Parish Communion** at 10.00 am
Methodist Morning Service at Seascale Methodist Church at 10 a.m.
All Stars Ecumenical children's club, for upto 11 years, in Gosforth Methodist Room, from 10 to 11.30 a.m.
Evening Service in Gosforth Methodist Church at 6.30 p.m. led by Mr Douglas McDevite
United Evening Service at Seascale Methodist Church at 6.30 p.m.
- 27th Monday **Gosforth Art Society** meet in Gosforth School Hall from 6.30 p.m. to 8.30 p.m.
Pilates - for beginners/ intermediates - in Gosforth Public Hall at 6.30 p.m.
Intermediate + Pilates - in Gosforth Public Hall at 7.35 p.m. £5 per class or £25 for a 6-week block. Contact Amy for info but just come along to any class wearing something comfortable. Mats can be provided. amyfisher@hotmail.com or 07510 104508.
- 29th Wednesday **French Conversation** Classes in The Kellbank, 10 a.m. to 12 noon. Cost £3 including coffee.
Age UK Community Get-Together in The Kellbank from 10.30 a.m. to 12 noon
INDOOR BOWLS meets every Wednesday afternoon in Gosforth Public Hall at 2 p.m.
Karate Classes at Gosforth Public Hall at 4:45pm for Level 01 and 5.45 for Levels 02/03
- 30th Thursday **Gosforth Art Society** meet in the Seascale Methodist Room from 10 a.m. to 12 noon
'Vinyasa flow' Yoga class at 6 p.m. in Santon Bridge Village Hall. see 2 Jan for details

NOTICES

- **PANTOMIME TIME!** This time it's Snow White! Tickets go on sale to the general public on Friday 3rd January. Please book early, tickets sold very quickly last year! Prices are £7.50 adults and £5 u18/students. Performance dates are Wednesday 22nd to Saturday 25th January. To book, visit www.gads.org.uk, where you can see the seating plans and choose your seat; or phone 019467 28392
- **Gosforth Library Link - the library is run by a team of enthusiastic volunteers.** Opening times are Monday 1 p.m. to 3.30; Wednesday 3 p.m. to 5.30; Saturday 10 a.m. to 12 noon.
- **Seascale Library Link - this library too is now run by a team of enthusiastic volunteers.** Revised opening times are Monday, Wednesday and Friday - 10 a.m. to 12.30, and 2.30 p.m. to 5 p.m.
- **Scouts** meet between 7 and 9pm at the Scout hut on a Tuesday - Ages 10 to 14. Contact Dave Marsden 24632.
- **Brownies** meet in the Scout Hut every Monday from 6.00 p.m. to 7.30 p.m. For girls aged 7 to 10. Contact Samantha Milliner 25910.
- **Gosforth Beavers** (6 to 8 years) meet Wednesdays 5 till 6pm and **Cubs** (8 to 10 years) meet 6.15 till 7.30pm, in the Scout hut. Contact Jackie Harper 27211 for more details.
- **Gosforth Guides** meet at St Joseph's Seascale every Tuesday from 6:15-7:30pm.
- **Seascale Beavers, Cubs and Scouts** meet every Thursday during term time. Spaces in the Cub section only.
- **MokyFit & MokyCORE with Shameem** - Mondays 10am Seascale Sports Hall - MokyHIIT; Mondays 10.45 Seascale Sports Hall - Moky Zest; Fridays 10am Seascale Sports Hall - MokyHIIT - Mums with babies and children in tow very welcome; 11.15 a.m. Moky Zest in Seascale Sports Hall. For more details see "MokyFit with Shameem" on facebook.
- **Slimming World** group meets at Bailey Ground Hotel, Seascale on Tuesdays 5pm & 7pm

What's On is published by Mel Gould; phone me on 019467 27486, or e-mail me, melbgould2@gmail.com, if you want to be added to the email circulation list, or if you want details of your event included in printed and electronic versions, and on Gosforth and Seascale's Facebook pages. Printed copies, funded by Gosforth Parish Council, are available in Gosforth Library Link.

